

Sunday 7<sup>th</sup> April 2019

*Welcome to*



# St. Michael's Aberystwyth

## **Mones Says...**

"A spring of living water will well up inside" were Jesus' words to the Samaritan woman. What a promise, what an invitation, she knew what was on offer and responded by saying to Him "Lord give me this water so that I do not have come to here again" (John 4: 15).

Lack of water is not such a problem for us here in Wales, but if you lived in Samaria at the time it would have been, just as it is a major problem in many parts of the world today, for instance women and children often have to walk 3 to 7 miles each way daily to collect enough water for the family. What a trek, what a burden, but it is what you need to remain alive!

Jesus says He is the bread of life, so without Him we will starve, but He also says that He will give us the essential water to drink. Now we all know that we can survive longer without food than we can without water, yet without both bread and water, sooner or later we will die.

However, as He is the giver of food 'bread' we need to have Him in our lives so that we can have the water too. For He is the bread, it's by having Him that we live to begin with, but then beyond becoming alive, in order to remain alive we need the water, and the water that He gives is none other than the Holy Spirit. Just as we cannot live without Jesus, we cannot remain alive without His Holy Spirit. Remember what St Paul said: "He is the same power that raised Jesus from the dead, and He lives in me". (Romans 8:11)

# Diary...

## Monday 8 April

- 8.00am: Prayer Meeting at the Well.  
10.00am: Staff Meeting and Prayer.

## Tuesday 9 April

- 8.00am: Prayer Meeting at the Well.  
1.15pm: Parents & Toddlers.  
7.00pm: Lent Together in Church.

## Wednesday 10 April

- 7.45am: Prayer Meeting & breakfast.  
4.00pm: The Lab (4-11 years).  
7.00pm: Life Cafe (Secondary School age).

## Thursday 11 April

- 8.00am: Prayer Meeting at the Well.  
11.30am: Weekday Communion.

## Friday 12 April

- 8.00am: Prayer Meeting at the Well.  
5.45pm: Prayer Meeting.

## Saturday 13 April

- 8.00am: Prayer Meeting at the Well.  
7.00pm: Mission Macedonia Musical Evening.

### Today's coffee clean up groups:

- The New Quay Group @ 11am
- Lindy Morgan's Group @ 6pm

### You can find us on:



stmikesaber



@stmikesaber



St Michael's Church,



St Mike's Church



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## Dates for your diary...

### April

- 13.4.19: Macedonia Musical Evening.  
14.4.19: Palm Sunday.  
15.4.19: Holy Week.  
18.4.19: Mature Munch.  
19.4.19: Good Friday.  
20.4.19: Easter Egg Hunt.

20.4.19: Easter Hymns.

21.4.19: Easter Sunday.

### May

- 8.5.19: LMA & RB Review and Preview (AGM).  
19.5.19: Confirmation.

# Notices...

**Mission Macedonia:** Thank you so much to everyone who made cakes for our cake stall and those who ate cake in a great cause! We raised £127, which was brilliant! This will go towards paying for our flights out there, and we are very grateful. Our final fundraising event is a music evening on 13.4.19 at 7pm in the Castle Rooms, featuring Eleri Turner, Delyth and the choir, Richard and Elaine Jensen, and an up and coming folk trio Free Fine Folk. Not to be missed! Suggested donation £5.

**Are you interested in justice, the environment and tackling poverty?** Beth Saunders is setting up a group to investigate these issues biblically and think about how to take action in our lives and as a church to care for the world. To hear more about it, why not pop along to the first meeting on the 11.4.19, 7:30pm at the Well. Speak to Beth if you are interested, or give your email to the office.

**Easter Egg Hunt** with crafts and refreshments on 20.4.19 at 2pm in St Mike's. Free of charge.

**Good Friday & Easter Hymns:** Join us for an evening of congregational hymns and presentations by the choir, 20.4.19 at 7pm.

The **Parish AGM** has moved to **8.5.19 at 7pm** at St Mike's. All welcome.

**Confirmation Service** on 19.5.19 in St Mike's at 6pm. If you are interested in being confirmed, please speak to Mones or contact the office.

It is hoped that the **church's monthly prayer meeting** dedicated to praying for the needs of the Church worldwide will re-start soon if there is enough support. The suggestion is that we meet on a Wednesday evening at 7pm at the Well. If you would like to come but can't make it Wednesday, please the office know, along with your preference, as we may be able to change the night.

**Healing Rooms Follow Up:** Thank you to all those who attended the Healing Rooms training days. If you are interested in possibly being part of this ministry please let Colin Bryan know in person, by calling him on 07879 275822 or emailing [cpb4him@gmail.com](mailto:cpb4him@gmail.com).

**Daily prayer meetings:** 8am-8.50am Monday to Saturday at The Well (11 Baker Street). Wednesdays, 7.45am @ St Mike's (no prayer meeting in The Well on Wednesdays). Friday evenings in church at 5.45pm (except the evening of Nightwatch).

On Sunday mornings our church has **activities for young people aged between 2 and 14**. There is also a crèche available for under 2's in the tower room & baby changing facilities in the toilets. Please ask if you're not sure where these are.

We have a church **Pastoral Team**, if you need or would like a visit from someone in church please do contact the office.

# Welcome to our Holy Communion

**Worship leader:** Carmen Mills

**Service Leader & Preacher:** Mones Farah

Welcome and notices

**Worship songs**

**Praise is rising,**

**Great things**

*Children leave –*

**I will worship**

Confession/absolution/responses

Reading: John 4:1-15

Sermon

Peace

**Offertory hymn: Stand Up and Bless the Lord,**

**Communion and songs**

**When the music fades**

**Thank you for the cross Lord**

**What A Beautiful Name**

Blessing

**Hymn: You Did This Mighty Deed,**

**This evening: 6pm: Evening Worship with Mones Farah speaking from Isaiah 6.**

**Next week - 11am: All Age Service with Mones Farah speaking.**

**6pm: Holy Communion with Mones Farah speaking.**

**For all our staff and activities,** please visit [www.stmikes.org.uk](http://www.stmikes.org.uk)

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